

# INSIGNIA SERIES



*LifeFitness*





**THOUGHTFULLY DESIGNED.  
DISTINCTIVELY CRAFTED.**

The visual appeal of precise lines and a strikingly modern aesthetic is topped only by the smooth motion and tactile connection felt by the user.

The Insignia Series features intelligent and subtle design elements that result in a natural feel and a truly memorable experience. Hundreds of individual parts work together to create an elegant selectorized line that is enticing to exercisers of all fitness levels.

Insignia Series. The optimal interaction between exerciser and machine.

*LifeFitness*



## APPEALING AESTHETICS

Eye-catching design combines with low-profile towers to create equipment that is appealing to all exercisers and results in an extremely inviting facility environment.







## SMOOTH AND COMFORTABLE

Optimized biomechanics create controlled, comfortable and natural feeling motions that provide an enjoyable experience for users at all fitness levels.

Eight upper body units utilize independent motion to maintain equilateral muscle development as well as accommodate exercisers with physical limitations.

*LifeFitness*



ULTIMATE USER INTERACTION  
**ERGONOMIC GRIPS**

Elliptical-shaped grips align the wrists properly for each movement and machine.

“Pulling” exercises (row, pulldown, etc.) have a smaller gripping area that allows the fingers to securely wrap around the grip.

“Pushing” exercises (chest press, shoulder press, etc.) utilize a larger surface area to fit the palm and distribute pressure evenly.

NOTE: Ergonomic grips are available only on the Insignia L-Series







ULTIMATE USER INTERACTION  
**ARTICULATING SEATS**

Counterbalanced articulating seats adjust with lightweight, assisted ease. The seat angle changes slightly with each level of adjustment, which ensures optimum positioning and effectiveness for exercisers of all sizes.

*LifeFitness*



## ADJUSTMENTS MADE EASY

Patented dial increment system and other adjustment knobs have large diameters and feature ergonomic rubber gripping areas to make them easier to use. A bright yellow color makes every adjustment point easy to recognize.

Articulating seats can be adjusted with simple one-hand operation, making proper set up easy for any exerciser.







### **SIMPLE INSTRUCTION**

Placards clearly depict what muscles are being trained, what adjustments can be made, and proper movement.

Rep counter and timer make it easy for exercisers to keep track of their workouts.



*LifeFitness*



## DOZENS OF CHOICES ENHANCE ANY FACILITY

### TRIM OPTIONS



L Trim

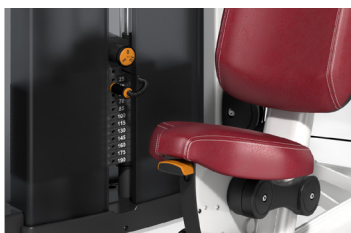
- Ⓐ - Ergonomic grips
- Ⓑ - Aluminum painted tower cap
- Ⓒ - Integrated rep counter/timer



S Trim

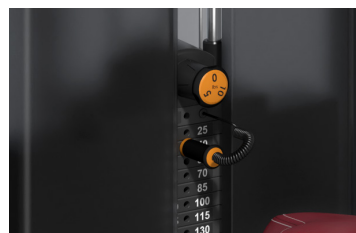
- Ⓐ - Standard grips
- Ⓑ - Charcoal gray plastic tower cap

### WEIGHT STACK OPTIONS



**X:** Heavy weight stack\* with two 5 lb (2.5 kg) dial weight increments

\*15% MORE THAN STANDARD



**C:** Standard weight stack with two 5 lb (2.5 kg) dial weight increments



**P:** Standard weight stack with one 7.5 lb (3.75 kg) push/pull weight increment

### SHROUD OPTIONS



Rear Shroud\*



Full Shroud

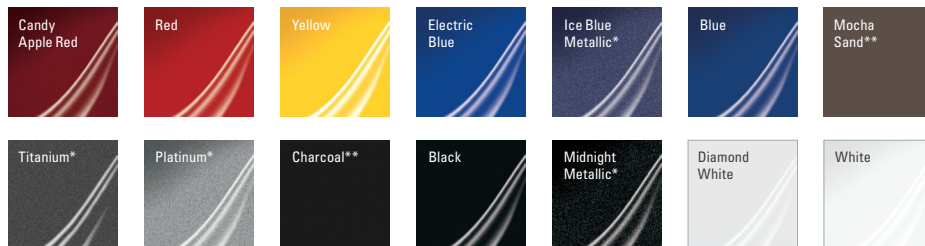
\*Available in Black only, no shroud inlays. Availability varies by country.

*LifeFitness*



# LIMITLESS COLOR COMBINATIONS FOR ANY CLUB

## A 14 FRAME COLORS



\*CLEAR SECOND COAT FINISH

\*\*MATTE FINISH

## B 23 UPHOLSTERY COLORS



Custom frame and upholstery colors available.

## C 8 SHROUD INLAYS\*



\*Only available with the full shroud option



*LifeFitness*





[www.lifefitness.com](http://www.lifefitness.com)



© 2020 Life Fitness, LLC. Všetky práva vyhradené. Life Fitness, Hammer Strength, Cybex, ICG a SCIFIT sú registrovanými značkami Life Fitness, LLC a jej dcérskych alebo pridružených spoločností.

FIT PLUS, spol. s r.o. je výhradným zastúpením spoločnosti Life Fitness pre SR.

[www.lifefitness.sk](http://www.lifefitness.sk)  
[www.fitplus.sk](http://www.fitplus.sk)