



**PRESCRIBED  
FOR PROGRESS™**





SCIFIT offers the industry's largest range of watts for the ultimate in measurable performance at any fitness level.

## WE BUILD EQUIPMENT THAT BUILDS PEOPLE UP

At SCIFIT, we've been helping people of all ages and abilities move safely toward their goals since 1987. Our accessible products and low starting resistance make it easy for people to get moving in comfort. In addition, our smart fitness solutions, including bi-directional resistance and our exclusive ISO-Strength program accommodate individual needs to meet people where they are. With so many ways to adjust for a positive, motivating experience, it's no wonder SCIFIT exercise equipment is prescribed for progress throughout the medical world and beyond. Each of our products is designed for longevity – like the people who use them.



**MEDICAL**  
PT, Cardiac and Other Rehabilitation

**ACTIVE AGING**  
Retirement, Assisted Living, Nursing

**WELLNESS**  
Community Centers, Corporate Wellness

**EDUCATION**  
From Secondary to University Level

**UNIFORMED SERVICES**  
Firehouse, Military, Other Government

**NICHE FITNESS**  
Personal Training, YMCA

**SPORTS PERFORMANCE**  
Collegiate, Olympic, Professional

6 WATTS

500 WATTS

1000 WATTS





### INTELLI-FIT™ CONSOLE

The most comprehensive system for experiencing even the smallest improvements — down to .1 increments across a broad range of metrics. Available in French, German, Italian, Spanish (Spain), Dutch, Korean, Portuguese, Japanese, Russian, Chinese, English, Arabic and Turkish.

#### EASY FOR EVERYONE

SCIFIT products offer the industry's lowest starting resistance, easy accessibility, and intuitive consoles, so it's easy to get moving.

#### INFORMATION IS POWER

Console feedback includes watts, heart rate, time, RPM, calories, distance, level and METs.

#### TOUCH SCREEN

Tactile touch screen allows intuitive navigation and is easy to clean.



### FIT-KEY® OPTION

Customizes your workout and lets you take your progress with you. Available in the US and Canada only.

### SMART FITNESS SOLUTIONS

SCIFIT's comprehensive fitness solutions let users of all ages and abilities experience improvement at every level.



**ISO-STRENGTH**, a SCIFIT exclusive, provides resistance that mirrors the force applied by the user to safely accommodate individual strength needs.



**CONSTANT WORK** provides a steady workload measured in watts and METs to increase endurance and provide built-in limits as a safeguard.



**BI-DIRECTIONAL RESISTANCE** allows users to exercise forward and in reverse to recruit reciprocal muscle groups and allow longer workouts for greater results.



### BI-DIRECTIONAL RESISTANCE

Only SCIFIT changes directions — and lives — with bi-directional resistance in all its products.

### MADE TO LIVE LONGER

Our extremely durable equipment is designed for long life in high-use environments by elite athletes, uniformed personnel, bariatric patients and more.

- Industry's finest hybrid generator brake — environmentally friendly and self-powered
- High performance roller chain and sprocket assemblies
- Precision machined, high-strength shafts
- U.S.-made, drawn cup roller clutch assemblies for smooth torque transmission
- Powder coated and plated components protect from perspiration and external elements
- Robust structural designs tested to the highest industry standards





## PREMIUM RECLINING SEAT FROM SCIFIT

### MORE WAYS TO ADJUST FOR AN ACCOMMODATING, COMFORTABLE FIT

SCIFIT's premium seat lets you find the right customized fit like never before. Its impressive 23° recline range combined with a safe 360° swivel, higher height adjustments, and zero-sloping forward and back motion makes the possibilities practically limitless.



360° Therapist Assist Pedal

### PRACTICALLY LIMITLESS ADJUSTMENTS

- Recline to any point within a 23° range
- Adjust forward and back on our level monorail for optimum control
- Select seat height from a broader 4.5" range/ 11 cm range: anywhere from 18.5"-23"/47 cm-58 cm
- Turn any direction with 360° swivel that locks at each 90° angle for safety

### SUPER ACCESSIBLE FOR PATIENTS - AND THERAPISTS

- Reach all adjustment levers from both sides for easy access
- 360° Therapist Assist Pedals let you adjust forward and back from any point around the equipment
- Integrated handle on seat back makes it easy to remove the seat on products with direct wheelchair access

### GREATER COMFORT AND DURABILITY

- Custom shape for reduced hamstring interference
- Stronger seat base for increased stability
- Premium, non-slip upholstery with a modern look
- 2-piece design for easy service and parts replacement



### ALSO AVAILABLE IN STANDARD AND BARIATRIC

Standard

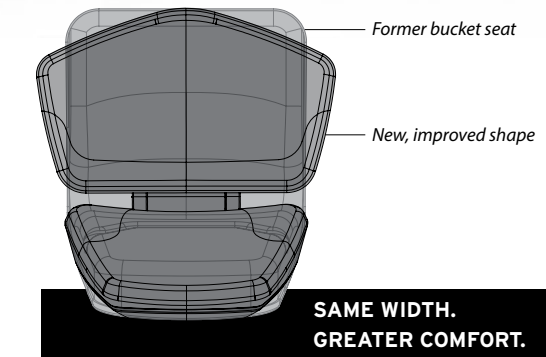


The same great design with forward and back adjustability only. Ideal for fitness environments where minimal supervision is required.

Bariatric



Five inches/twelve cm wider with integrated side handles for added comfort and safety. Forward and back adjustability only.



**SAME WIDTH.  
GREATER COMFORT.**

Designed to be the same comfortable width as SCIFIT's former bucket seat, this seat is ideally shaped to reduce hamstring interference.



FIT-KEY®

## MAKE EVERY MOVEMENT COUNT

SCIFIT's patent-pending Fit-Key® technology lets you create and use customized workouts on any SCIFIT product — and track your progress over time. With plug-in-and-go convenience, helpful prompts and precise documentation of wattage, heart rate and other metrics, it's like having a virtual trainer to monitor and motivate you for measurable improvement.



Fit-Key® makes it easy to prescribe specialized exercise programs and track compliance and improvement.



Your Fit-Key® USB drive uploads your exercise programs into the Intelli-Fit™ console of any SCIFIT product — and documents each entire workout using precise metrics. Available in US and Canada only.



Whether you're looking for detailed results from an individual session or big-picture trends, Fit-Key® software's friendly graphics show progress at a glance.

## PRO SERIES

### Versatility in Motion

SCIFIT PRO Series exercisers couple our ISO-Strength program with bi-directional resistance for a total strength and cardiovascular workout on one machine. Multiple options and accessories add to their versatility.

PRO Series products, with their adjustable features and accessibility, are the No. 1 choice of rehabilitation and physical therapy professionals. Durable PRO Sport products offer the get-on-and-go convenience popular in many facilities. The PRO Series delivers safe, accommodating resistance that mirrors the wattage the user exerts to meet them where they are.





**MAKE EVERY  
MOVE A VICTORY**



Premium seat features a 23° range of recline.



#### PRO2® TOTAL BODY

The industry's most versatile rehabilitation tool, the PRO2® is an upper-body exerciser and lower-body recumbent bike in one for a total-body solution.

- Dependent motion allows stronger extremities to assist weaker ones
- Adjustable upper and lower cranks: 3 length settings
- Easy access with true, adjustable step through
- Removable seat for wheelchair accessibility
- Premium, standard and bariatric seat options
- 360° therapist assist pedals on seats
- Bi-directional exercise
- ISO-Strength safe, accommodating strength program
- Very low starting resistance

+ See final pages for complete specs

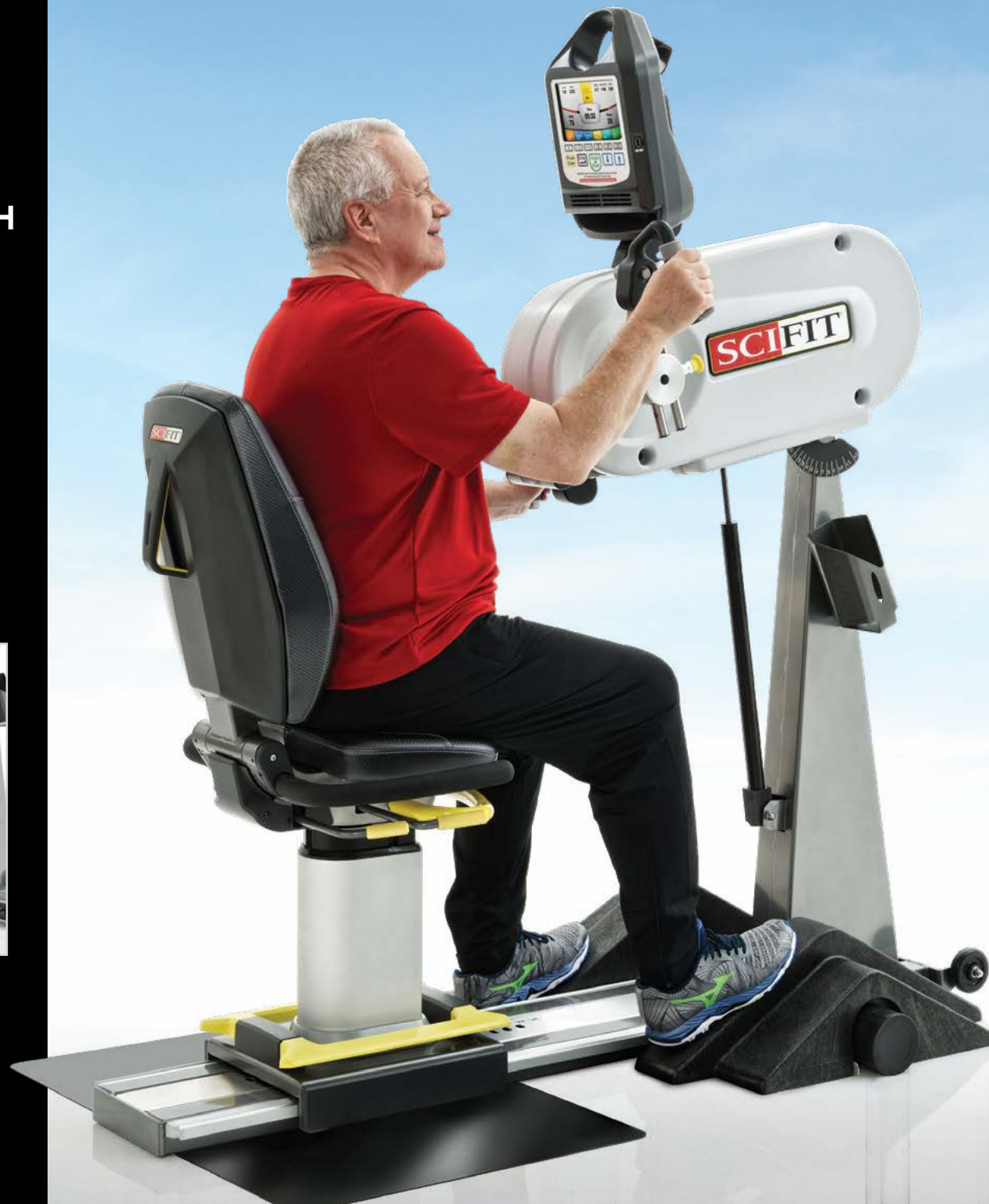




## HELPING PEOPLE FIND THEIR STRENGTH



Seat removes easily for direct wheelchair access.  
Americans with Disabilities Act compliant.



### PRO1 ADJUSTABLE UPPER BODY

This versatile, highly adjustable upper-body exerciser can be used seated or standing.

- Adjustable tilt head for all heights, seated or standing
- Adjustable arm cranks: 4 ROM settings plus unison motion
- Removable seat for wheelchair access
- True, adjustable step-through accessibility
- Bi-directional exercise
- ISO-Strength safe, accommodating strength program
- Very low starting resistance
- Wheelchair/standing platforms
- Premium, standard and bariatric seat options

+ See final pages for complete specs



PRO1



## ADJUST ACCORDINGLY TO LIFE



Also available with the Bariatric seat,  
featuring 600 lb/272 kg user weight capacity.



### PRO1000 UPPER BODY

The PRO1000's adjustable arm cranks, accessibility and low starting resistance make it easy to get on and get going.

- Entry-level upper-body exerciser with wheelchair access
- Adjustable arm cranks: 3 ROM settings plus unison motion
- Step-through accessibility
- Bi-directional exercise
- ISO-Strength safe, accommodating strength program
- Low starting resistance with 191 levels of resistance
- Premium, standard and bariatric seat options

+ See final pages for complete specs





## A SMARTER RANGE OF MOTION



*ISO-Strength program provides resistance that mirrors the force applied by the user.*



### PRO2® SPORT TOTAL BODY

Complete knee-to-elbow range of motion enables both core exercise and cardio training.

- Get-on-and-go total-body movement enhances core activity
- Heavy-duty fixed cranks for tough environments
- Bi-directional exercise
- ISO-Strength safe, accommodating strength program
- Standard seat

### PRO1000 SPORT UPPER BODY

The PRO1000 SPORT is an excellent solution for upper-body cardio conditioning in a get-on-and-go atmosphere.

- Easy to use with limited adjustments
- Bi-directional exercise
- ISO-Strength safe, accommodating resistance
- Standard seat

+ See final pages for complete specs





## START WITH VERSATILE EQUIPMENT AND BUILD FROM THERE



Fully adjustable head range from 35" to 61" / 89 cm to 155 cm accommodates users of all heights.



### PRO1 SPORT UPPER BODY

The PRO1 SPORT is the industry's most versatile ground-based training rotary device. Use it for one or both arm exercises — forward or backward — for strength and cardio. Also ideal with a stability ball or disc.

- Tall mast with sturdy platform for ground-based training
- Ideal for athletic training and club use
- Enhanced, sturdy standing platform
- Adjustable cranks
- Bi-directional exercise
- ISO-Strength safe, accommodating strength program

+ See final pages for complete specs





## FINDING BALANCE



Unique lateral motion strengthens stability muscles from a sitting position.



### LATITUDE™ LATERAL STABILITY TRAINER

The Latitude trainer helps people of all fitness levels build the muscles and confidence to stay active – in an easy-to-use, engaging way.

- Bi-directional circular motion activates muscles used for stability and side-to-side movements
- Builds the right muscles to help reduce the risk of falls
- Oversized, orthopedic foot pads with heel cups and foot straps add safety, comfort and visibility
- 191 levels of resistance, adjustable in .1 increments
- Step-through accessibility and highly adjustable seat that removes for wheelchair access

+ See final pages for complete specs





**EQUIPMENT THAT  
ADJUSTS TO PEOPLE,  
NOT THE OTHER  
WAY AROUND**



Seat removes easily for direct wheelchair access.  
Americans with Disabilities Act compliant.



#### STEPONE™ RECUMBENT STEPPER

Highly adjustable and accommodating, StepOne provides a smooth, total-body functional movement.

- Arm-to-leg movement encourages activities of daily living like climbing stairs
- User-defined stride with Intelli-Stride™ feedback for safe progressions
- Low starting resistance with 191 levels of resistance
- Arm length and hand grip rotation adjustment
- Premium, standard and bariatric seat options



+ See final pages for complete specs



**WE BELIEVE  
COMFORT LEVEL  
IS AS IMPORTANT  
AS FITNESS LEVEL**



*Adjust range of motion with optional adjustable cranks. Optional low boots help keep the foot securely in place.*



#### **ISO7000R WITH REMOVABLE PREMIUM SEAT**

With its reclining and removable seat, this comfortable recumbent bike makes it easy to get moving.

- Removable seat for wheelchair access
- Step-through easy entry on horizontal monorail for safe positioning
- Low starting resistance with 191 levels of resistance
- Premium seat with adjustable height, swivel and recline
- Bi-directional exercise
- Adjustable cranks optional



**ISO7000R**

*with premium seat*



## POSITIVELY ACCESSIBLE



Adjustable step-through for ease of entry.



### ISO1000R RECUMBENT BIKES

SCIFIT recumbent bikes feature a true adjustable step-through that adjusts up to a full 23"/58 cm for safe and easy access.

- Premium and standard seat options
- ISO-Strength for safe, accommodating resistance
- Very low starting resistance
- Custom three-piece crank system with oversized pedals
- Adjustable cranks optional
- Premium, standard and bariatric seat option
- Wheelchair accessible
- Americans with Disabilities Act compliant

### ISO7000R BIDIRECTIONAL RECUMBENT BIKES

The ISO7000R adds bi-directional exercise for versatility and reciprocal muscle balance.

- ISO-Strength for safe, accommodating resistance
- Very low starting resistance
- Custom three-piece crank system with oversized pedals
- Adjustable cranks optional
- Step-through easy entry on horizontal monorail for safe positioning
- Premium, standard and bariatric seat option
- Americans with Disabilities Act compliant

+ See final pages for complete specs



ISO1000R

with standard seat



ISO1000R

with premium seat



ISO7010R

with premium seat



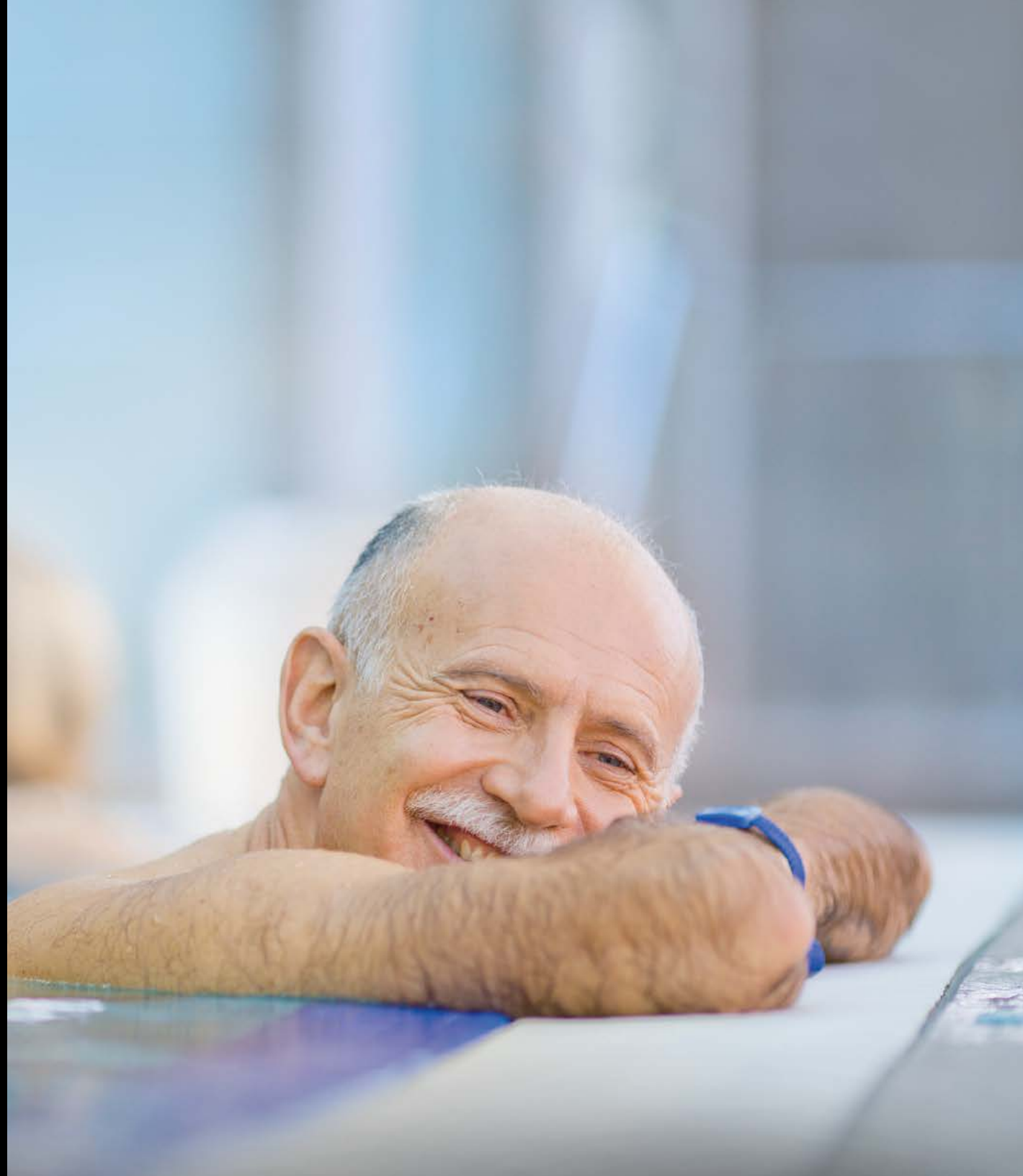
## PROGRESS AT EVERY LEVEL



Vertical and horizontal seat adjustments for accurate fit.



Bi-directional resistance for complete lower-body training (ISO7000).



### ISO1000 UPRIGHT BIKE

Dual seat adjustments, a large comfortable seat and easy entry make the ISO1000 ideal for users of all sizes.

- Vertical and horizontal seat adjustments for biomechanical fit
- Oversized seat provides comfort for all users
- Step-through access allows entry without lifting the leg over center support

### ISO7000 UPRIGHT BIKE

Bi-directional exercise combined with ISO-Strength turns the ISO7000 into a complete lower-body trainer.

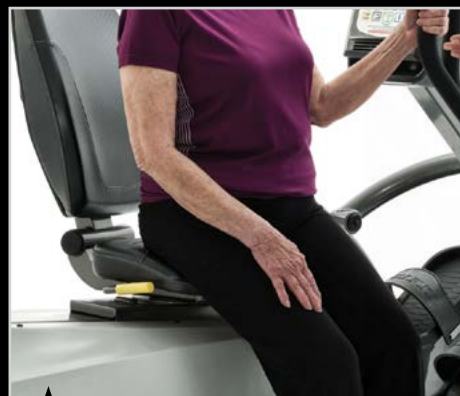
- All the features of the ISO1000, plus bi-directional exercise for versatility and reciprocal muscle balance

+ See final pages for complete specs





## ENGINEERED FOR LONGEVITY



Seat swivels for easy entry on REX7001.



### REX™ RECUMBENT ELLIPTICAL

REX's smooth, natural knee movement replicates climbing stairs to improve functional gait. Smooth, elliptical movement for efficient total-body exercise in both directions.

- Knee-to-elbow core exercise
- Comfortable footbeds with safety edge
- Swivel seat for easy entry on REX7001
- Very low starting resistance
- Bi-directional exercise
- Dual-position handles allow muscle change on the fly
- Foot straps and AC adapter included on REX7001

+ See final pages for complete specs



**REX7001**  
with swivel seat



**REX7000**  
with fixed seat



WE MAKE IT EASY  
TO GET MOVING



Sturdy step and handrails for easy entry.



#### SXT7000 TOTAL BODY ELLIPTICAL

This whole-body cross-trainer provides a natural, total-body movement that creates a true-to-life, natural walking motion.

- Safe and easy entry with the industry's smallest footprint
- Orthopedic Bio-Flex™ footbeds improve circulation and eliminate hot spots and numbness
- Pedal movement simulates uneven surface to recruit stabilizing muscles
- Optimized torso rotation and core muscle recruitment for a weight-bearing total-body workout
- Bi-directional exercise

#### SXT7000e<sup>2</sup> EASY ENTRY ELLIPTICAL

With its lower step and full side rails, the SXT7000e<sup>2</sup> provides easy entry for those needing extra stability. Includes all of the features of the SXT7000 plus:

- Easy entry package: medical handrails and step-up platform
- Safe and easy entry for progression to weight-bearing elliptical motion
- 50% lower step-up height

+ See final pages for complete specs



SXT7000



SXT7000e<sup>2</sup>



## COMFORTABLY IN CONTROL



Side handrail switches for easy adjustment.



### AC5000 TREADMILL

With a low starting speed of .1 mph/.5 kph, adjustable in .1 increments, the AC5000 makes it easy to start progressing toward your goals.

- Maintenance free, self-lubricating eucalyptus deck
- 550 lb/250 kg user weight capacity
- Side handrail switches for speed and elevation
- Generous walking surface – 22" x 62"/56 cm x 157 cm
- Speed range: .1 to 12 mph/.5 kph to 19 kph
- Elevation: 0% to 15%
- Optional extended handrails
- Hospital grade: complies with leakage current protection standards

### AC5000M MEDICAL TREADMILL

In addition to its low starting speed of .1 mph, the AC5000M increases your options with reverse motion up to 4 mph/6 kph and a -3% decline for downhill training.

- Extended handrails
- 550 lb/250 kg user weight capacity
- Maintenance free, self-lubricating eucalyptus deck
- Side handrail switches for speed and elevation
- Speed range: .1 to 12 mph/.5 kph to 19 kph, reverse to 4 mph/6 kph
- Elevation: -3% to 12%
- Generous walking surface – 22" x 62"/56 cm x 157 cm
- Hospital grade: complies with leakage current protection standards

Available in USA only

+ See final pages for complete specs





## MORE WAYS TO HELP MORE PEOPLE



Optional Assist Gloves to help with grip.



### INCLUSIVE FITNESS ACCOMMODATING MORE PEOPLE

SCIFIT's Inclusive Fitness (IF) products give people with disabilities, limited mobility or vision impairments a truly inclusive experience, allowing facilities to be functional for more users than ever.

- Wheelchair accessible and Americans with Disabilities Act compliant
- Oversized pedals with heel-cup support and over-the-foot strap (IF PRO2 and IF Recumbent Bike)
- Heavy-duty wheelchair ramps for powered and manual wheelchair access (standard on IF PRO1 & IF PRO2, optional on IF ISO7000R)
- Color coded: yellow adjustment points, red moving parts
- Tactile console and audible beeps for the visually impaired
- Bi-directional resistance for versatility and reciprocal muscle balance
- Step-through easy entry on horizontal monorail for safe, zero-sloping positioning
- All adjustment levers accessible from both sides
- 360° Therapist Assist Pedals let you adjust forward and back from any point around the equipment
- Integrated handle on seat back for easy seat removal

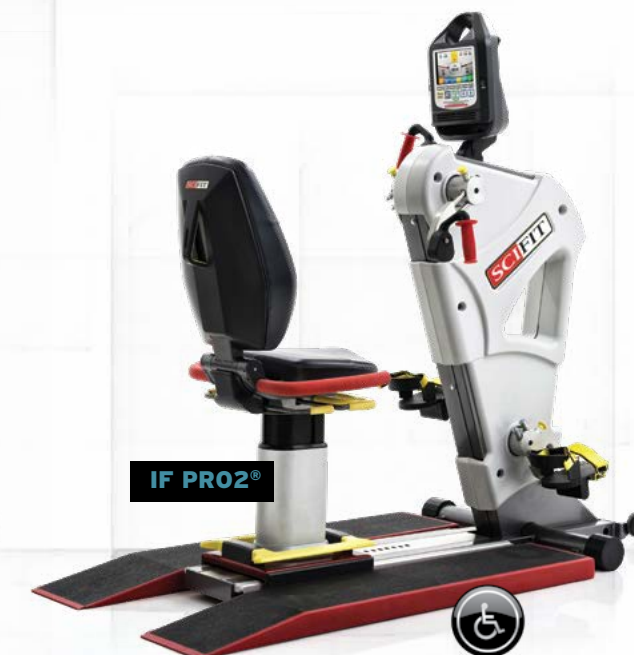
+ See final pages for complete specs



IF PRO1



IF RECUMBENT BIKE



IF PRO2®



## VERSATILE FUNCTIONAL TRAINING



Ergonomic rubber grips



### CORE STIX FUNCTIONAL TRAINING

Core Stix is an easy to use, wheelchair accessible functional trainer that uses rods (Stix) and instructional placards to guide exercisers toward their fitness goals.

- Provides assistance and resistance
- Easy to use for everyone from older adults to rehab patients
- For those who may be deconditioned or intimidated by complex fitness equipment because getting started is simple
- Affordable
- Easy to ship, store and set up

+ See final pages for complete specs



CORE STIX







ACCESSORIES

PRO SERIES



**Wheelchair Platform, A1180**  
Provides a sturdy foundation with tethers for stabilization. *(Standard on PRO1)*

**PRO1000 and PRO2**



**Heavy-Duty Wheelchair Ramp, A4098**  
Approximately 1½"/38 cm high for manual and powered wheelchair accessibility. Provides increased stabilization and a sturdy foundation. *(Standard on Inclusive Fitness version of PRO1 and PRO2)*

**PRO1, PRO2 and PRO1000**



**External Rotation Device, A2974**  
Perfect rehab complement to PRO1 and PRO1 Sport upper-body exercisers. Strengthens internal and external rotators in one exercise.

**PRO1 and PRO1 Sport**



**Assist Gloves, Pair P3981**  
Designed for individuals who require help gripping the hand cranks. Made of a heavy-duty closed cell foam that resists moisture. Flexible, comfortable and easy to clean.

**All PROs**

TREADMILLS



**Treadmill Step, P3970**  
Easily enter and exit the treadmill with this 6"/15 cm high step. Non-slip safety strips, anti-tip design.

**AC5000 and AC5000M**



UPRIGHT AND RECUMBENT BIKES



**Adjustable Cranks, Pair P4313**  
Three adjustments (5", 6" and 7" /12 cm, 15 cm, 17 cm) for variable range of motion. Accommodates variable user heights.

**ISO1000, ISO7000, ISO1000R and ISO7000R**



**Low Support Boots, Pair P3245**  
Keeps the foot on the pedal with sturdy straps around the back, top and front of the foot.

**All upright and recumbent bikes**



**Straight Grips, A2253**  
A good option for individuals who have spasticity, weakness or tremors in their upper extremities.

**ALL PROs (except Sport models)**



**Low Support Boots, Pair A3248**  
Keeps the foot on the pedal with sturdy straps around the back, top and front of the foot.

**PRO2**



**PRO2 Leg Stabilizer, Pair S6413**  
Provides comfort and stabilization for users with leg weakness or spasticity. Durable steel construction with padded calf cuff. Large footbed with straps for secure foot placement. Easy installation.

**PRO2**

RECUMBENT ELLIPTICALS



**Foot Straps, Pair A3506**  
Keeps the feet securely in place. Oversized and adjustable. *(Standard on REX7001)*

**REX7000**





HELPING PEOPLE  
MOVE IN THE  
RIGHT DIRECTION



ACCESSORIES (cont.)

RECUMBENT STEPPERS & LATERAL STABILITY TRAINER



**Wheelchair Platform, S5587**  
Provides a sturdy foundation with tethers for stabilization.

**StepOne and Latitude**



**Heavy-Duty Wheelchair Ramp, A4098 + A5585**  
Approximately 1½"/38 cm high for manual and powered wheelchair accessibility. Provides increased stabilization and a sturdy foundation.

**StepOne and Latitude**

ALL PRODUCTS



**Wall Pack Transformer (AC Adapter), P4861 – US and Canada P5209 – outside of US and Canada**  
18-volt adapter allows self-generating units to be plugged in, so their console remains lit and displays data for longer. (Standard on StepOne, PRO1, PRO2, PRO1000, ISO1000R, ISO7000R, and REX7001)

**All products except treadmills**



**Polar® Chest Strap Transmitter, 65190**  
Transmits heart rate directly to console. Wireless.



**Assist Gloves, Pair P3981**  
Designed for individuals who require help gripping the hand cranks. Made of a heavy-duty closed cell foam that resists moisture. Flexible, comfortable and easy to clean.

**StepOne**



**StepOne Leg Stabilizer, pair S5619**  
Provides comfort and stabilization for users with leg weakness or spasticity. Durable steel construction with padded calf cuff. Easy installation.


**StepOne**




**Seat Belt, S6466**  
Optional seat belt for added security and stability. Easy to attach and remove. Storage pouch included. Fits Premium seat only (except REX).



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	LATERAL STABILITY TRAINER	
	Latitude™ Lateral Stability Trainer	
Features		
Unique lateral movement	Lateral motion activates muscles used for stability and side-to-side movements	
Bi-directional resistance	Activates different muscle firing patterns depending on the direction, either inward or outward	
Seat design	Premium seat features swivel, recline & 360° therapist assist pedals	
ADA compliant - seat removes for wheelchair access	S 	
True adjustable step-through	Yes	
Oversized pedals with safety edge	Yes	
Adjustable foot straps	Yes	
Resistance		
Resistance levels	191, adjustable in .1 increments	
Power	Self-powered; AC adapter included	
Options and Accessories		
Seat options	Premium, standard or bariatric	
Heart rate transmitter	O	
Wheelchair platform	O	
Heavy duty wheelchair ramp	O	
Seat belt - fits premium seat only	O	
Tech Specs		
Overall dimensions	70"L x 34"W x 49.5"H 178 cm L x 86 cm W x 126 cm H	
Weight	322 lbs/146 kg with premium seat	
User capacity	450 lbs/204 kg - premium seat 500 lbs/227 kg - standard seat 600 lbs/272 kg - bariatric seat	
Warranty		
Parts & labor (U.S. and Canada only)	3 years parts, 2 years drive system & cranks, 1 year labor. Exceptions: 1 year footbeds and seats. Wear items (rubber hand grips) are excluded from warranty.	



	RECUMBENT STEPPER
	StepOne™ Recumbent Stepper
Features	
Intelli-Stride™ stride length indicator	Yes
User-defined step range	2" to 11.5"/ 5 cm - 29 cm
Seat design	Premium seat features swivel, recline & 360° therapist assist pedals
ADA compliant - seat removes for wheelchair access	S 
True adjustable step-through	Yes
Step movement	Dependent
Pedals return to neutral starting position	Yes
Arm length adjustment	Yes
60° hand grip rotation	Yes
Adjustable footstraps	S
Resistance	
Low starting resistance	6 watts
Resistance levels	191, adjustable in .1 increments
Power	Self-powered; AC adapter included
Options and Accessories	
Seat options	Premium, standard or bariatric
Heart rate transmitter	O
StepOne leg stabilizers	O
Wheelchair platform	O
Heavy duty wheelchair ramp	O
*Fit-Key® (SCIFIT's exclusive plug-and-play system)	O
Seat Belt - fits premium seat only	O
Medical CE IIa certification	O
Tech Specs	
Overall dimensions	68"L x 30"W x 48"H 172 cm L x 76 cm W x 122 cm H
Weight	312 lbs/142 kg
User capacity	450 lbs/204 kg - premium seat 500 lbs/227 kg - standard seat 600 lbs/272 kg - bariatric seat
Warranty	
Parts & labor (U.S. and Canada only)	3 years parts, 1 year labor, 5 years frame. Exceptions: 1 year footbeds and seats. Wear items (rubber hand grips) are excluded from warranty.

**+** S = Standard O = Optional ADA = Americans with Disabilities Act



PRODUCT SPECIFICATIONS (cont.)

	ELLIPTICALS		
	SXT7000 Total Body Elliptical	SXT7000e² Easy Entry Total Body Elliptical	REX™ Total Body Recumbent Elliptical
Features			
Dual-position hand grips	S	S	S
Easy entry step & full side Handrails	-	S	-
Cushioned footbeds	S	S	S
Patented Bio-Flex™ footbed and Tele-Rail® (telescoping rail) technology	S	S	-
Active assist	-	-	Yes
Bi-directional resistance	S	S	S
Contact heart rate	S	S	-
ISO-Strength	S	S	S
Low starting resistance	6 watts	6 watts	6 watts
Resistance levels	191, adjustable in .1 increments	191, adjustable in .1 increments	191, adjustable in .1 increments
Options and Accessories			
Swivel seat	-	-	S (on REX7001)
Foot straps	-	-	O (included with REX7001)
Heart rate transmitter (wireless)	O	O	O
*Fit-Key® (SCIFIT's exclusive plug-and-play system)	O	O	O
Medical CE IIa certification	-	O	-
Tech Specs			
Overall dimensions	60"L x 32"W x 65"H 152 cm L x 81 cm W x 165 cm H	73"L x 32"W x 65"H 185 cm L x 81 cm W x 165 cm H	73"L x 28"W x 55"H 185 cm L x 71 cm W x 140 cm H
Weight	264 lbs/120 kg	336 lbs/152 kg	299 lbs/136 kg
User capacity	425 lbs/193 kg capacity	425 lbs/193 kg capacity	350 lbs/158 kg capacity
Electrical requirements	Self-powered	Self-powered	Self-powered AC adapter included with REX7001
Warranty			
Parts & labor (U.S. and Canada only)	3 years parts, 1 year labor. Exceptions: 1 year footbeds and Bio-Flex pads. Wear items (rubber hand grips) are excluded from warranty.	3 years parts, 1 year labor Exceptions: 1 year footbeds and Bio-Flex pads. Wear items (rubber hand grips) are excluded from warranty.	3 years parts, 1 year labor. Exceptions: 1 year footbeds, seats, and Bio-Flex pads. Wear items (rubber hand grips) are excluded from warranty.

	BIKES			
	ISO1000R Recumbent Bike	ISO7000R Recumbent Bike	ISO1000 Upright Bike	ISO7000 Upright Bike
Features				
Seat	Premium seat features swivel, recline & 360° therapist assist pedals	Premium seat features swivel, recline & 360° therapist assist pedals	Large seat with vertical and horizontal adjustments	Large seat with vertical and horizontal adjustments
ADA Compliant - seat removes for wheelchair access	S 	S 	-	-
Step-through access	Yes, true adjustable step-through	Yes, true adjustable step-through	S	S
Bi-directional resistance	-	S	-	S
ISO-Strength	S	S	S	S
Low starting resistance	6 watts	6 watts	6 watts	6 watts
Resistance levels	191, adjustable in .1 increments	191, adjustable in .1 increments	191, adjustable in .1 increments	191, adjustable in .1 increments
Options and Accessories				
Seat options	Premium or standard	Premium or standard	Horizontal and vertical adjustments	Horizontal and vertical adjustments
Adjustable cranks (three lengths to adjust pedal range of motion: 5", 6" and 7" / 12 cm, 15 cm, 17 cm)	O	O	O	O
Sports performance pedals	O	O	O	O
Heart rate transmitter	O	O	O	O
*Fit-Key® (SCIFIT's exclusive plug-and-play system)	O	O	O	O
Seat belt - fits premium seat only	O	O	-	-
Medical CE IIa certification	O	O	O	O
Tech Specs				
Overall dimensions	58"L x 27"W x 55"H 147 cm L x 69 cm W x 140 cm H	58"L x 27"W x 55"H 147 cm L x 69 cm W x 140 cm H	58"L x 24"W x 56.5"H 147 cm L x 61 cm W x 144 cm H	58"L x 24"W x 56.5"H 147 cm L x 61 cm W x 144 cm H
Weight	235 lbs/107 kg	243 lbs/110 kg	170 lbs/77 kg	178 lbs/81 kg
User capacity	450 lbs/204 kg - premium seat 500 lbs/227 kg - standard seat	450 lbs/204 kg - premium seat 500 lbs/227 kg - standard seat	350 lbs/159 kg capacity	350 lbs/159 kg capacity
Electrical requirements	Self-powered; AC adapter included	Self-powered; AC adapter included	Self-powered	Self-powered
Warranty				
Parts & labor (U.S. and Canada only)	3 years parts, 1 year labor. Exceptions: 1 year pedals and seats. Wear items (rubber hand grips and pedal straps) are excluded from warranty.	3 years parts, 1 year labor. Exceptions: 1 year pedals and seats. Wear items (rubber hand grips and pedal straps) are excluded from warranty.	3 years parts, 1 year labor. Exceptions: 1 year pedals and seats. Wear items (rubber hand grips and pedal straps) are excluded from warranty.	3 years parts, 1 year labor. Exceptions: 1 year pedals and seats. Wear items (rubber hand grips and pedal straps) are excluded from warranty.

	TREADMILLS	
	AC5000 Treadmill	AC5000M Medical Treadmill
Features		
Belt	Low static, high strength, carbon fiber weave	Low static, high strength, carbon fiber weave
Platform	Extra wide 22" x 62"/ 56 cm x 157 cm	Extra wide 22" x 62"/ 56 cm x 157 cm
Deck	Maintenance-free Eucalyptus deck - no lubrication - reversible	Maintenance-free Eucalyptus deck - no lubrication - reversible
Side handrail switches	S	S
Reverse	-	Reverse to 4 mph
Decline	-	Decline to -3%
Slow starting speed	.1 mph/.2 kph	.1 mph/.2 kph
Speed range	.1 to 12 mph/.2 kph to 19 kph	.1 to 12 mph/.2 kph to 19 kph
Electronic elevation	0% to 15% adjustable in .5 increments	-3% to 12% adjustable in .5 increments
Options and Accessories		
Electrical requirement	110 v	110 v
Full side handrails	O	S
Heart rate transmitter	O	O
*Fit-Key® (SCIFIT's exclusive plug-and-play system)	O	O
Availability	USA only	USA only
Tech Specs		
Overall dimensions	81"L x 32"W x 64"H 206 cm L x 81 cm W x 163 cm L	81"L x 36.4"W x 64"H 206 cm L x 92 cm W x 163 cm L
Weight	485 lbs/220 kg	520 lbs/236 kg
User capacity	550 lbs/249 kg	550 lbs/249 kg
Electrical requirements	Dedicated 15-amp circuit, grounded	Dedicated 15-amp circuit, grounded
Warranty		
Parts & labor (U.S. and Canada only)	3 years parts, 1 year labor, 5 year frame and drive system. Exceptions: 1 year deck, running belt, contact heart rate grips, heart rate receiver/transmitter. Wear items (grips and rubber foot pads) are excluded from warranty.	3 years parts, 1 year labor, 5 year frame and drive system. Exceptions: 1 year deck, running belt, contact heart rate grips, heart rate receiver/transmitter. Wear items (grips and rubber foot pads) are excluded from warranty.

	CORE STIX
Features	
Rods	Fiberglass encapsulated within a soft, uniquely colored, plastic sleeve with steel insert at bottom end (inserted into Arcs) and latex-free, natural rubber grip at the top end
Platform	Powder coated steel frame, aluminum support surface
Platform Dimensions	60.5"L x 33"W x 5.5"H (including arcs)
Double Core Stix Stand	Made from powder coated steel and holds 14 rods
Double Core Stix Stand Dimensions	13"L x 15.25"W x 2.33"H
Boxed Dimensions of Core Stix System	64.5"L x 38"W x 7"H (includes platform, double Stix stand, seven pairs of Stix and manuals)
Boxed System Weight	130 lbs

+ S = Standard O = Optional ADA = Americans with Disabilities Act





**Prescribed for Progress™**

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